

Brunch



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## Reviewed: Naughty Noodles at Maiden Shanghai

Head to **FIVE Palm Jumeirah** for a Chinese brunch with a bang (bang)

By Time Out Editors

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Looking for a low-key day date with your other half? This is not the brunch for you. 'Rents in town and want to show them what brunching in Dubai is all about? This is (probably) not the brunch for you. (But then again, what do we know?)

Turning another year older, not necessarily wiser, and looking to ring in a new year with a big ol' bang? Hello, you. Naughty Noodles at **Maiden Shanghai** is where it's at.

From the get-go, this is a party brunch through and through. The crowd is glamorous (do not – and we repeat – do not feel shy about donning your highest heels or that outfit you've been saving for a special night out) and nearly all the tables are made up of big groups celebrating something.

(On our most recent visit we spotted five birthdays, two hens and a leaving do – if there's any excuse to get the gang together to live it up, this is the place to do it.)

The menu draws influence from Cantonese, Szechuan, Shanghai, and

Beijing-styles of cooking and the food is plentiful. Starters include spring rolls, crispy pawn and Chilean seabass rolls, a selection of dim sum, and “boom boom” chicken which, along prawn toast, is a favourite.

For mains, expect to get into a selection of dishes including kung pao prawns (a highlight), wok-braised aubergine in a tangy spicy sauce, sweet and sour chicken, beef, different types of rice, and some not-so-naughty noodles. This isn't a **brunch** for gourmands but you'll be well fed and ready to get involved.

And about an hour into **brunch** come the short measures – delivered to each table along with sparklers, of course. The music is pumping and the energy is seriously high. And then come the confetti cannons. And then more rounds of short measures. And then more bouts of sparklers and confetti cannons. By the time dessert arrives, the tables, the floors, just about every surface you can think of are covered in silver confetti (us included).

The brunch package also includes one hour of free-flowing French bubbly from 3pm until 4pm and there's no having to request top-ups, the friendly staff keep it flowing.

FIVE Palm Jumeirah Dubai has become synonymous with a lively night out and Maiden Shanghai's Naughty Noodles **brunch** doesn't let its rep down. For brunch with a bang (literally – our ears are still ringing from all the confetti cannons), this is one of the best party brunches in town.

*Dhs400 (ladies – house beverages with one hour of bubbly), Dhs450 (gents – house beverages with one hour of bubbly). Fri 1pm-4pm. FIVE Palm Jumeirah (04 455 9989).*

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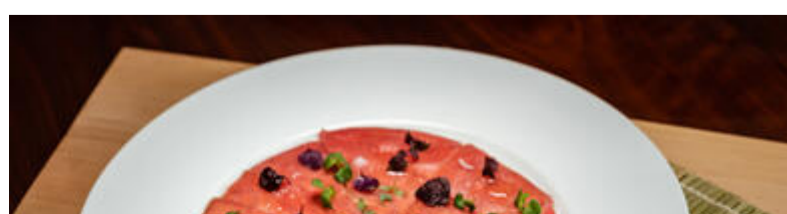
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